

Homemade Chipotle Turkey Meatballs with Black Beans and Cilantro



INGREDIENTS

1 lb Ground Turkey
1 Egg
½ cup Seasoned Bread Crumbs
2 Tbls White Onion, Chopped
¼ cup Black Beans, Drained
1 tsp Chipotle Spice
1 tsp Garlic Powder
¼ tsp Cumin
¼ cup Fresh Cilantro, Chopped
2 Tbls Fresh Salsa
Salt and Pepper to taste

METHOD

Heat oven to 400°. Combine all ingredients in a large bowl, incorporate well. Lightly oil a large baking sheet. Roll mixture into meatballs (size is your preference). Bake until meatballs are no longer pink in the center.

After Work *with Chef Nicole™*