EST. ★ 1984

T-BONES GREAT AMERICAN EATERY

GREAT AMERICAN EATERY
★ DISCOVER MORE FLAVOR ★

SHAREABLES

★ **DRESS UP YOUR BREAD** ★
Add a dipping sauce to our complimentary bread.

Chef Nicole's® Dipping Oil	**1.99**
Marinara Dipping Sauce	**1.99**

Fried Mozzarella — **15.99**
Fresh mozzarella, Italian bread crumb, basil aioli & marinara sauces

Dip Sticks — **13.99**
Italian marinara, Indian-inspired tomato cream butter sauce, basil aioli, grilled pita, cheesy garlic bread

Shrimp Scampi Crostini — **17.99**
Premium shrimp, white wine, garlic butter, tomato, garlic, onion, parsley, Parmesan, toasted sourdough crostini

Bacon Cheddar Fries — **13.99**
Fried potato medallions, melted Cheddar, chopped bacon, scallion, sour cream, BBQ sauce

Fried Brussels Sprouts — **14.99**
Fried Brussels sprout, honey sriracha sauce, sesame seed, carrot, sesame dipping sauce, scallion

Espinaca Con Queso — **13.99**
Spicy cheese and spinach dip, pico de gallo, tortilla chips

Boneless Buffalo Chicken — **16.99**
Corn flake breaded chicken, Buffalo sauce, carrot & celery, bleu cheese dressing

Quesadillas — **Vegetarian 13.99** / **Chicken 17.99**
Cheddar & Jack cheese, ranchero sauce, sour cream, pico de gallo, salsa

Honey Sriracha Chicken — **16.99**
Crunchy corn flake breading, honey sriracha drizzle, carrot & celery, sesame dipping sauce, scallion

Ultimate Beef Nachos — **15.99**
Crisp tortilla chips, pico de gallo, melted cheese, Mexican beef chili, jalapeño, sour cream, scallion

Buffalo Chicken Egg Rolls — **12.99**
Buffalo chicken, bleu cheese, crisp veggies

Tomato Basil Mozzarella — **11.99**
Fresh tomato and mozzarella, basil aioli, balsamic drizzle, cracked black pepper, grilled sourdough

Wing It! — **16.99**
Choose a combo of any two:
- Tangy Buffalo
- Tiki Style (no sauce)
- Maple Citrus
- Honey Sriracha
- Garlic Parmesan

Korean BBQ Lettuce Wraps — **15.99**
Sesame oil, chicken, shaved Brussels sprout, Korean BBQ sauce, almond, chow mein noodle, carrot, scallion, Bibb lettuce
★ CONTAINS NUTS ★

CRAVABLE SALADS + HOMEMADE SOUPS

Marinated Mediterranean Salad — **17.99**
Marinated mix of chickpea, sun-dried & grape tomato, red onion, green pepper, roasted red pepper, Kalamata olive, feta, fresh parsley, baby spinach, cucumber, Greek vinaigrette, grilled pita

Crispy Chicken Salad — **19.49**
Fresh greens, tomato, cucumber, Cheddar & Jack cheese, chopped bacon, carrot, red onion, scallion
- **Cool Ranch Style:** Crispy chicken, ranch dressing
- **Cool Bleu Style:** Buffalo-tossed crispy chicken, bleu cheese dressing

Asian Fusion Salad — **19.49**
Romaine lettuce, cabbage, sesame dressing, tortilla thin, chow mein noodle, almond, carrot, fried citrus-honey chicken, scallion
★ CONTAINS NUTS ★

Caesar on Vacation — **19.49**
Romaine lettuce, jerk Caesar dressing, pineapple pico de gallo, Parmesan, sliced almond, chow mein noodle, jerk-seared shrimp skewers
★ CONTAINS NUTS ★

Caesar Salad — **13.99**
Romaine lettuce, Caesar dressing, croutons, Parmesan

House Salad — **12.99**
Fresh greens, grape tomato, cucumber, shredded carrot, homemade crouton

Greek Salad — **13.99**
Fresh greens, Kalamata olive, pepperoncini, green pepper, red onion, feta, grape tomato, cucumber, pita

★ **ADD A SALAD PROTEIN** ★

Chicken	**8.99**	**Salmon**	**12.99**
Steak	**13.99**	**Sautéed Shrimp**	**10.99**

HOMEMADE SOUPS

French Onion Soup	**9.99**
Texas Chili	**8.99**
Captain Dan's Clam Chowder (contains bacon)	**9.99**
Soup Du Jour	**Priced Daily**

★ ADD CHEESY GARLIC SOURDOUGH BREADSTICKS TO ANY SOUP....4.99 ★

TACOS + BOWLS + GLOBAL FLAVORS

FRESH + BRIGHT
Pineapple Pico Fish Tacos — **19.99**
Crispy fried, chipotle ranch sauce, Bibb lettuce, pineapple pico de gallo, flour tortilla, lemon, scallion, tartar sauce, sweet potato fries

ASIAN INSPIRED
Asian Chicken Tacos — **17.99**
Crispy honey-sriracha chicken, Asian-sesame slaw, flour tortilla, carrot, scallion, sesame dressing, sweet potato fries

SWEET + SAVORY + UNIQUE
Crispy Korean BBQ Fish Tacos — **16.99**
Flour tortilla, Asian-sesame slaw, crispy Korean BBQ fried salmon, cucumber, sesame seed, pineapple pico de gallo, scallion, sweet potato fries

GREEK INSPIRED
Greek Isle Pasta — **19.99**
Crispy fried fish, creamy, garlic-citrus linguini, chickpea, sun-dried tomato, Kalamata olive, red onion, Parmesan, fresh herbs, lemon

INDIAN INSPIRED
Butter Chicken Pasta — **17.99**
Marinated & grilled Indian spiced chicken, spinach, linguini, Indian-inspired tomato cream butter sauce, grilled pita

MEDITERRANEAN INSPIRED
Mediterranean Chicken Bowl — **19.99**
Chef Nicole® seasoned grilled chicken, rice pilaf, lemon-wine, garlic herb butter, baby spinach, marinated chickpea mix, Kalamata olives, sun-dried tomato, feta, cucumber, grilled pita

BOLD + BUFFALO
Buffalo Chicken Bowl — **18.99**
Creamy cheddar & bleu cheese rice, pico de gallo, crispy Buffalo chicken, bleu cheese crumbles, shredded carrot, scallion

SAVORY + SESAME + CRUNCH
Sesame Chicken + Veggie Stir Fry — **19.99**
Grilled chicken & stir-fried vegetables, baby spinach, noodles, toasted sesame seed, almond, teriyaki sauce, carrot, scallion, chow mein noodle
★ CONTAINS NUTS ★
Vegetarian 17.99

ZESTY + CREAMY
Chicken Fajita Pasta — **19.99**
Green pepper, onion, pico de gallo, fajita cream sauce, linguini, blackened chicken, scallion, tortilla thin

KOREAN BBQ
Crispy Korean Salmon Bowl — **17.99**
Sesame oil, Korean BBQ stir-fried rice and mixed vegetable, crispy honey-sriracha glazed salmon, cucumber, sesame seed, scallion

A CHEF NICOLE® FAVORITE

CHOOSE TWO.....18.49

Choose any two of the following. Served with homemade potato chips.

- **House Salad**
- **Caesar Salad**
- **Greek Salad**
- **Texas Chili**
- **French Onion Soup**
- **Captain Dan's Clam Chowder**
- **Soup Du Jour**
- **½ Tuscan Turkey Sandwich**
- **½ Unusual Reuben**
- **½ Grilled BLT**
- **½ Chicken Parmesan Ciabatta**
- **½ Classic Chicken Sandwich**
- **½ Cajun Chicken Sandwich**
- **Cheeseburger Slider**
- **C.B.C. Slider**

HOMEMADE SIDES

Vegetable of the Day	**3.99**	**Sautéed Garlic Mushrooms**	**3.99**	**Signature Onion Rings**	**3.99**
Buttered Mixed Vegetable	**3.99**	**Small House Salad**	**6.99**	**Garlic Butter Linguini**	**3.99**
Fried Brussels Sprouts	**3.99**	**Small Greek Salad**	**6.99**	**Loaded Baked Potato**	**4.99**
Buttered Broccoli	**3.99**	**Small Caesar Salad**	**6.99**	**Loaded Mashed Potatoes**	**4.99**
Coleslaw	**3.99**	**Fries**	**5.99**	**Rice Pilaf**	**3.99**
Asian-Sesame Slaw	**3.99**	**Sweet Potato Fries**	**6.99**	**Potato Chips**	**5.99**
★ CONTAINS NUTS ★		**Baked Potato**	**3.99**	**Mac 'n' Cheese**	**7.99**
		Mashed Potatoes	**3.99**		

Indicates vegetarian options.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

EST. ★ 1984

GREAT AMERICAN EATERY
★ DISCOVER MORE COMFORT ★

PRIME SEAFOOD®

Prime Seafood® Dinners are served with T-BONES' house salad.

Creamy Tuscan Salmon 23.99
Parmesan & herb crusted salmon, creamy sun-dried tomato & baby spinach, rice pilaf, lemon-garlic butter, basil aioli

Baked Stuffed Sea Scallops 36.99
Sea scallops, garlic crumbs, herb stuffing, lemon, wine, baked potato, broccoli

Baked Haddock 26.99
Prime, line-caught haddock, lemon, wine, butter, garlic crumbs, baked potato, broccoli

Seafood Casserole 32.99
Prime, line-caught haddock, large Gulf shrimp, sea scallops, herb stuffing, garlic crumbs, lemon, wine, baked potato, broccoli

Shrimp Scampi 24.99
Pan-seared shrimp, tomato, broccoli, herbed scampi butter, linguini, Parmesan

★ T-BONES CLASSICS ★

Fish 'n' Chips 22.99
Yorkshire-style chips, signature onion ring, coleslaw garnish, tartar sauce

Chef Nicole's® Signature Salmon 22.99
Fresh salmon, Chef Nicole's® signature spice, garlic butter, rice pilaf, broccoli

Baked-Stuffed Haddock 23.99
Prime, line-caught haddock, herb stuffing, butter, lemon, wine, garlic crumbs, baked potato, fresh vegetable

Charlie's Broiled Haddock 18.99
Prime, line-caught haddock, house butter, seasoning, rice pilaf, broccoli

Chicken Parmesan 22.99
Breaded chicken, mozzarella, Parmesan, linguini, marinara

Sirloin Tips, 9 oz. 35.99
Reserve Premium Choice℠ sirloin tips, rice pilaf, broccoli, signature onion ring
Choose Teriyaki or BBQ

Chicken Finger Platter 19.99
Fried chicken, country fries, signature onion ring, coleslaw garnish, honey mustard
(Ask for it Corn flake breaded!)

Chicken Pot Pie 18.99
Tender chicken, carrot, green bean, celery, onion, gravy, puff pastry, mashed potato, cranberry sauce

Country Fried Chicken 19.99
Boneless chicken, gravy, mashed potato, fresh vegetable, cranberry sauce

Roast Turkey Dinner 18.99
All-white, oven-roasted turkey, bread stuffing, gravy, mashed potato, fresh vegetable, cranberry sauce

GREAT AMERICAN STEAK

All Steak Dinners use Reserve Premium Choice℠ Steaks.
Served with T-BONES' house salad.

T-BONE, 25 oz. 45.99
Baked potato, broccoli, signature onion ring

Center Cut N.Y. Sirloin, 12 oz. 42.99
Baked potato, broccoli, signature onion ring

Center Cut Filet Mignon, 8 oz. 44.99
Warm sourdough, garlic mushrooms, broccoli, baked potato

Sirloin Tips, 1 lb. 40.99
Rice pilaf, broccoli, signature onion ring
Choose Teriyaki or BBQ

★ **SURF IT** ★
- Baked Stuffed Haddock 15.99
- Baked Stuffed Shrimp 15.99

GREAT AMERICAN BURGERS

All Great American Burgers are ½ lb. burgers, served with fries.
Gluten Intolerant *Friendly* buns available.

Cheddar Burger 19.99
Cheddar, lettuce, tomato, onion, pickle chip

Caprese Burger 19.99
Italian seasoning, fresh mozzarella, tomato, basil aioli, toasted garlic buttered ciabatta roll, sun-dried tomato mayo

Jalapeño Pretzel Burger 19.99
Cheddar, jalapeño, fried onion thins, seasoned pretzel roll, chipotle ranch sauce

T-BONES Burger 19.99
Chef Nicole's® signature spice, Jack cheese, bacon, chipotle ranch sauce, homemade potato chip, BBQ sauce, lettuce, tomato, onion, pickle chip

All-American Burger 19.99
American cheese, lettuce, tomato, onion, pickle chip

M.A.F. Burger 19.84
American cheese, sautéed pepper & onion, BBQ sauce, lettuce, tomato, Parmesan & herb-crusted ciabatta roll, mayo

*In memory of founding trustor Mark A. Fenske, $1 from every **M.A.F. Burger** goes to FEEDNH.org.*

★ **UPGRADE YOUR BURGER** ★
- Garlic Mushrooms 99¢
- Bacon 99¢
- Both 1.49

99¢ Swap your fries for sweet potato fries!

SANDWICHES + HANDHELDS

Sandwiches served with T-BONES' homemade potato chips.
Gluten Intolerant *Friendly* buns available.

C.B.C. 19.99
Fried chicken, bacon, Cheddar, toasted bun, lettuce, tomato, mayo

Grilled BLT 16.99
Bacon, Bibb lettuce, tomato, sun-dried tomato mayo, grilled & seasoned bread

Mediterranean Veggie Wrap 14.99
Grilled pita, marinated mix of chickpea, sun-dried & grape tomato, red onion, green pepper, roasted red pepper, Kalamata olive, feta, parsley, cucumber, Greek vinaigrette, baby spinach, and side of herb-buttered broccoli (no chips)

Tuscan Turkey Sandwich 18.99
Parmesan & herb-crusted ciabatta roll, oven-roasted turkey, sun-dried tomato mayo, basil aioli, tomato, fresh mozzarella, red onion

Classic Chicken Sandwich 18.99
Grilled chicken, Jack cheese, lettuce, tomato, mayo, Parmesan & herb-crusted ciabatta roll

Chicken Fajita Tortilla Rollup 18.99
Grilled chicken, green pepper, onion, Cheddar, lettuce, tomato, chipotle ranch, flour tortilla

Chicken Parmesan Ciabatta 18.99
Crispy Parmesan breaded chicken, marinara, basil aioli, provolone, Parmesan & herb-crusted ciabatta roll

Yankee Fried Fish 'Wich 17.99
Chef Nicole's® Signature Spice, coleslaw, lemon, Bibb lettuce, tomato, red onion, scallion, tartar sauce

Cajun Chicken Sandwich 18.99
Blackened-style chicken, Jack cheese, lettuce, tomato, mayo, Parmesan & herb-crusted ciabatta roll

T-BONES' Unusual Reuben 19.99
Corned beef, coleslaw, Gouda, toasted marble rye, Thousand Island

KIDS' MENU

FOR CHILDREN 12 AND UNDER.
Served with Kid-size milk, juice, or soda, and a homemade chocolate chip cookie. *(Drinks not available for takeout)*

Kids' Cheeseburger & Fries 9.99

Kids' Crispy Fish Strips & Fries 10.99

Kids' Linguini with Sauce 7.99

Kids' Mac 'n' Cheese 8.99

Kids' Grilled Cheese & Fries 8.99

Kids' Chicken Fingers & Fries 9.99
(Ask for it Corn flake breaded!)

Kids' Roast Turkey Dinner 10.99
All-white sliced turkey, gravy, stuffing, mashed potato, broccoli

Kids' Combo & Fries 14.99
Mac & Cheese and Corn flake Chicken Fingers

Kids' CBC & Fries 8.99
Fried chicken, bacon, Cheddar, toasted bun

★ FROZEN FAVORITES ★

Strawberry Daiquiri.....4.99 | Piña "Cool"ada.....4.99 | Oreo® Cookie Shake.....4.99

KIDS LIVE WELL® CHOICES

These nutritious options meet the National Restaurant Association's guidelines, featuring wholesome ingredients and a healthy beverage selection.

Kids' Grilled BBQ Chicken 9.99
Steamed broccoli + kids' milk *(no cookie)*

Kids' Grilled Salmon 9.99
Steamed broccoli + kids' milk *(no cookie)*

PROUDLY SERVING Coca-Cola PRODUCTS

HAVE A COMMENT? LET US KNOW

Our fryers contain 100% vegetable oil. For your safety, we fully cook all meals. Requesting foods undercooked may impose health risks. Your safety is of the utmost importance to us. Please be aware that our made-from-scratch® recipes involve shared cooking and preparation areas, including but not limited to common fryer oil. The possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu item can be free of common food allergens. We can provide the most current ingredient information from our food suppliers with proper notice. Note that their stated absence of allergens within these items are not inclusive of every ingredient and may leave out trace elements. We can make no guarantees of the accuracy and disclaim liability for the use of this information. Please ask to speak with a manager if further assistance is needed. Item/dish descriptions do not include every ingredient that the item/dish contains.

★ ★ ★ ★ **Before placing your order, please inform your server if a person in your party has a food allergy.** ★ ★ ★ ★

10/2026